

PONDERA

— Leadership Consulting —

CHANGE

Managing Yourself, Leading Others

“When we are no longer able to change a situation, we are challenged to change ourselves.” — Victor Frankl

Overview

In today's business environment, change is a given. When organizations go through change, many employees often experience a sense of loss. The reasons behind such feelings are usually unclear, yet the effects can be profound—for the employee and the company. Change Management, like Time Management, is an oxymoron. We don't manage change; we manage ourselves within, and lead others through, the process of change.

Outcomes

Gain knowledge and/or improve your understanding, and then consider the application of the following concepts:

- Effect of mental models on a person's ability to change
- Five different behavior responses to change
- Strategies for managing yourself within a change as well as leading others through change
- Process models for facilitating organizational change

Participants will identify an improvement goal for managing change and an improvement goal for leading change and draft a brief action plan for each goal.

Suggested Training Time

4 Hours